



U.S. Equal Employment Opportunity Commission

Press Release

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EEOC Sues Meathead Movers for Age Discrimination

California Moving Company Recruits Young Individuals to the Exclusion of Older Workers, Federal Agency Charged

LOS ANGELES – The U.S. Equal Employment Opportunity Commission (EEOC) has filed suit against the San Luis Obispo moving company Meathead Movers, Inc., the largest independent moving company in California, for refusing to hire people based on age, the federal agency announced today.

The EEOC’s lawsuit charges that since at least 2017, Meathead Movers failed to recruit and hire applicants over 40 into moving, packing and customer service positions. Meathead maintains a pattern or practice of recruiting and hiring young college students, intentionally excluding older workers regardless of their individual abilities, the EEOC complaint continues.

Such alleged conduct violates the Age Discrimination in Employment Act (ADEA), which prohibits discrimination based on age. The EEOC filed suit (EEOC v. Meathead Movers, Inc., Case No.: 2:23-cv-08177) in U.S. District Court for the Central District of California, after first attempting to reach a pre-litigation settlement through its conciliation process.

“Excluding older workers based on their age for marketing purposes is unlawful,” said Anna Park, regional attorney for the Los Angeles District Office. Employers

should remember that setting criteria and recruiting based on a person's age violates federal law.”

Los Angeles District Director Christine Park-Gonzalez said, “The incorrect and unfair assumptions that someone cannot perform a job because of their age -- or that clients would prefer younger workers -- are the impetus behind the Age Discrimination in Employment Act. The EEOC will continue to ensure an even playing field for applicants and employees in the workplace.”

For more information about age discrimination, visit the EEOC's website at <https://www.eeoc.gov/age-discrimination> (<https://www.eeoc.gov/age-discrimination>).

The EEOC advances opportunity in the workplace by enforcing federal laws prohibiting employment discrimination. More information is available at www.eeoc.gov (<http://www.eeoc.gov/>). Stay connected with the latest EEOC news by subscribing to our [email updates](https://public.govdelivery.com/accounts/USEEOC/subscriber/new) (<https://public.govdelivery.com/accounts/USEEOC/subscriber/new>).